

Top 10 Tips to Raise Happy, Self Reliant Kids

by Dr. David Walsh

1. Spend twice as much time and half as much money.
2. Support; don't rescue. Encourage; don't coddle.
3. Get them what they need but not everything they want.
4. Back up teachers and schools.
5. Take charge of media.
6. Set clear and high expectations.
7. Give chores.
8. Set and enforce limits and consequences.
9. Encourage volunteering.
10. Visit SayYesToNo.org

